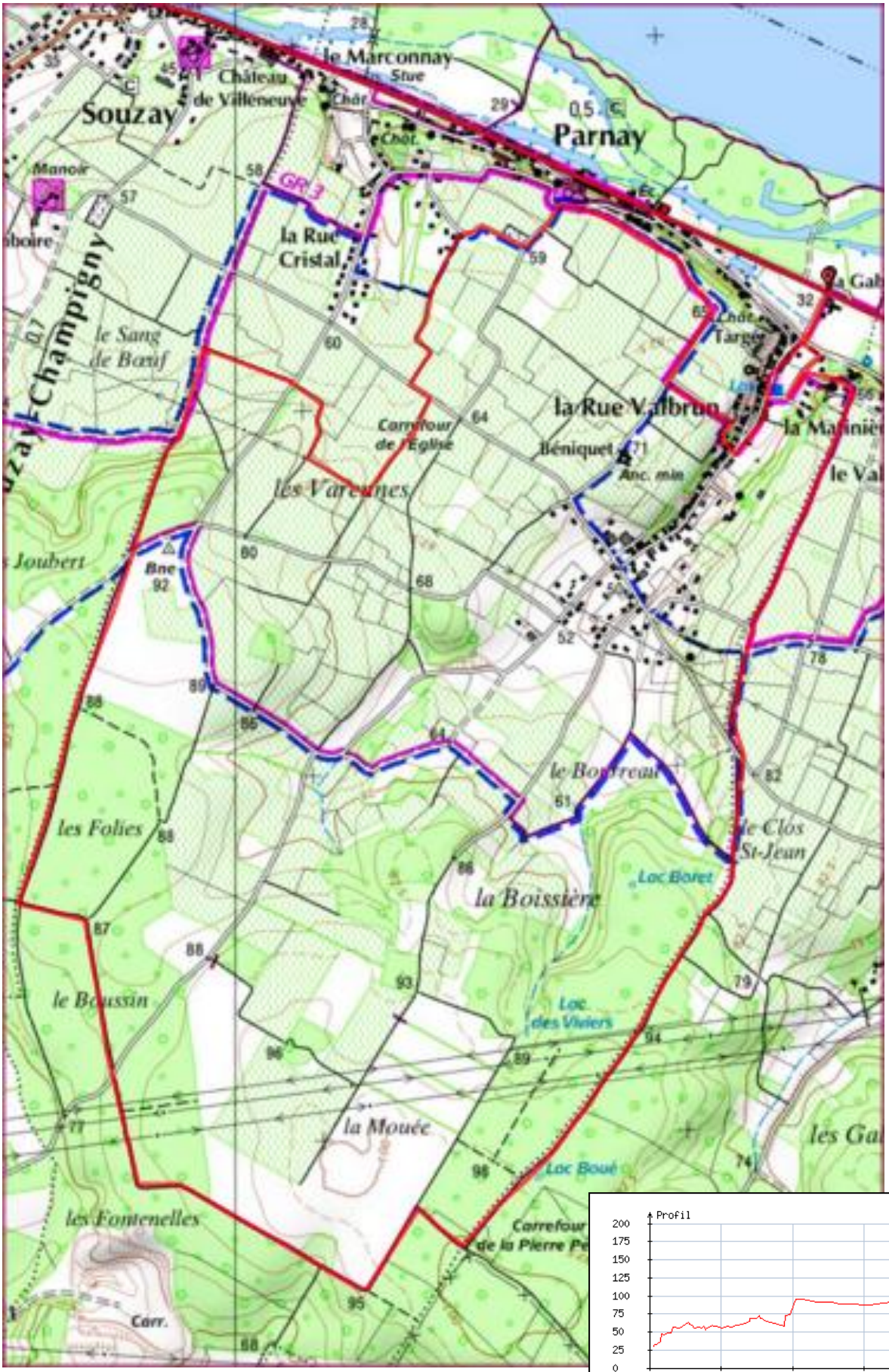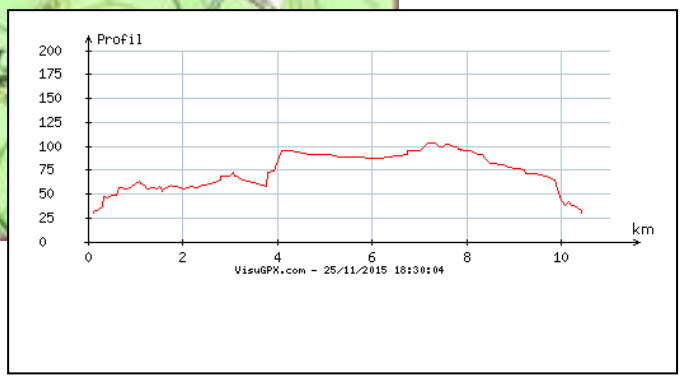PARNAY 20/12/2015, 10,5 km, Dénivellé 90 m.